

# HANDBOOK for MESSIAH LAMBS

## EARLY CHILDHOOD DEVELOPMENT



**Start children off on the way they  
should go, and even when they are  
old they will not turn from it.  
~ Proverbs 22:6**

Rev. 8/2020

**A MINISTRY OF  
MESSIAH LUTHERAN CHURCH  
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Plano, Texas 75075  
Phone: (972)398-7560 Fax: (972)398-7598  
[www.messiahlutheran.com/lambs](http://www.messiahlutheran.com/lambs)  
[www.facebook.com/messiahlambs](http://www.facebook.com/messiahlambs)**

**MESSIAH LUTHERAN LAMBS  
EARLY CHILDHOOD DEVELOPMENT, INC.**

DIRECTOR..... Amy Myers

PASTOR..... Rev. Dr. Victor Kollmann

ASSOCIATE PASTOR..... Rev. James Otte

ASSOCIATE PASTOR..... Rev. Don Welmer

VICAR..... Vicar Matt Lee

**Schedule of Services at Messiah Lutheran Church**

WORSHIP SERVICES.....Sunday 8:30am &11:00am  
Wednesday 7pm

SUNDAY SCHOOL AND  
ADULT BIBLE CLASSES  
(for ages 2 and above)..... 9:45am - 10:45am

Nursery care is available for children under four years old during both worship services and Bible classes.

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Licensing inspection reports and a copy of the Minimum Standard Rules for Licensed Child-Care Centers is kept in the school office. Please see the Director if you would like to review either of these or for a copy of either you can go on-line (see link below).

DFPS Child Abuse Hotline – (800)252-5400  
Child Care Licensing Local Office – (800)582-6036  
DFPS web-site: [www.dfps.state.tx.us](http://www.dfps.state.tx.us)  
Health & Human Services web-site: [www.hhs.texas.gov](http://www.hhs.texas.gov)

## **WELCOME**

What a joy it is for us to be able to offer these educational opportunities for your children! It is very important that our children learn to know and feel the love of Jesus Christ, as well as to develop Christian morals and values, while they are young. This is what we plan to provide for you through our Early Childhood Development programs, in addition to learning the principles of reading, writing, and math.

Our Heavenly Father says to us in Proverbs 22:6 “Train up a child in the way he or she should go, and when they are old, they will not depart from it.” You as parents are very wise in placing your children in our program. Our teachers, aides, and helpers are well-trained and capable of teaching your children in their spiritual, intellectual, emotional, social, and physical development. We are all dedicated to helping your children to make a positive difference for God and for others in this world.

Again, we are glad and feel honored to have you with us. I pray that the love of Jesus Christ may fill the heart of your child and make a real difference in the life of your family. You are welcome to attend any of our worship celebrations, as well as any of our activities or events. We will be praying for you.

*Pastor Kollmann*

## **MISSION STATEMENT**

Messiah Lutheran Lambs strives to meet the spiritual, social, cognitive, physical, and emotional needs of each child in our program. It is our intention to assist families in the nurturing and education of each child entrusted to our care.

## **SCHOOL PHILOSOPHY**

We believe each child is a gift from God, each is unique and special. We believe children should enjoy learning. We are committed to providing each child with the opportunity to learn while participating in developmentally appropriate activities. We believe we are an extension of your family and are here to assist you in the development of your child.

## **SCHOOL YEAR INFORMATION**

We are not a year-round facility. We follow a traditional school calendar. Our school calendar closely resembles the calendars of the school districts of Plano (PISD) and Richardson (RISD). In case of inclement weather, we will closely monitor the conditions and make a determination of closure or delay by 6 a.m. In the event we delay the opening of school, our doors will open at 10am. If we call a delayed opening and conditions worsen before 10 a.m. we will change to a closure. This information is broadcast on WFAA and updated on our Facebook page and a message sent to all parents via the Remind service. Staff members will email their classes as well. School closure (for any reason) days WILL NOT be made up and tuition fees will not be refunded.

## **ENROLLMENT POLICIES**

Our Early Childhood Development Program is licensed by the State of Texas and the City of Plano Environmental Health Department. Staff members hold memberships in the National and the Texas Association for the Education of Young Children, and the Department of Early Childhood Lutheran Education Association. Messiah Lutheran Lambs Early Childhood Development Center enrolls children on a non-discriminatory basis.

## CLASS INFORMATION and HOURS

### Parents' Day Out (P.D.O.) Program

#### Infants

**AGES:** Children can enter the program at 6 weeks old up to 14 months by September 1

**CLASS SIZE:** 3:1 (Maximum 9:3)

**TIMES:** 9AM - 2PM

**DAYS:** Pick your days Monday - Friday

#### Toddlers/2's

**AGES:** Children 15 months up to 35 months by September 1

#### **CLASS SIZES:**

**Toddler Classes:** 5:1 (Maximum 10:2)

**2's Classes:** 7:1 (Maximum 14:2)

**TIMES:** 9AM - 2PM

**DAYS:** Pick your days Monday - Friday

**DROP-INS:** Currently registered Infants and Toddlers/2's are eligible for drop-ins based on availability. If a reservation is made, and notice of cancellation is not given prior to 8am on the scheduled day, payment is still due.

### Preschool / Kindergarten Prep

#### Preschool

**AGES:** Children 3yrs and 4yrs by September 1

#### **CLASS SIZES:**

**3yr Classes:** 9:1

**4yr Classes:** 10:1

**TIMES:** 9AM - 12PM OR 9AM - 2PM

#### **DAYS:**

5 day class\* - Monday - Friday

3 day class - Monday / Wednesday / Friday

3 day class - Tuesday / Wednesday / Thursday

2 day class\* - Tuesday / Thursday

\* 3yr olds only

**Afternoon Hours:** Preschool students who are enrolled in the 9AM - 12PM class can register for intermittent afternoon drop-ins which cover 12PM - 2PM. Only a certain number of these drop-in spots are available for intra-month use. These will be given out on a first come first serve basis.

**Kindergarten Prep**

**AGES:** Children 4yrs by September 1

**CLASS SIZE:** 10:1

**TIMES:** 9AM - 2PM

**DAYS:** Monday - Friday

**Additional Hours:** The longest day we offer for any age group is 8AM to 3PM. Extra morning (8AM - 9AM) or afternoon (2PM - 3PM) hours can be added fully to a schedule or individual days can be chosen. Only a certain number of spots are available for intra-month use. These will be given out on a first come first serve basis.

**Additional Information:** The availability of classes varies from year to year and is subject to enrollment numbers. Please call the office to inquire about openings.

**PRICING**

Tuition rates, registration fees, additional hour rates, etc. all vary from school year to school year. Please call the office for current rates or consult our current fee sheets on-line for the latest pricing information.

**FAMILY DISCOUNTS FOR ALL PROGRAMS**

2 Children - 10% off regular monthly tuition of second child

3 Children - 15% off regular monthly tuition of third child

## **REGISTRATION**

- 1) Before a spot will be held for a child, a family **MUST**:
  - a) Remit the registration fee. **This fee is non-refundable and non-transferable.**
  - b) Complete an Enrollment Application, Parent Contract, and Discipline Form.
- 2) **Health Records** for all children must be signed by a physician stating that the child is physically able to take part in school activities. This form should be updated each year at your child's annual well visit. Pick up a blank copy in the office before your child's appointment.
- 3) **Immunizations Records** for all children must have a signature from the doctor's office. These records must be on file in the office BEFORE the child can attend class. State Law requires that all children in school must have immunizations kept up to date. Failure to do so will keep the child from attending class.

## **TUITION POLICY**

- Tuition is due the first of each month and is late after the 10th calendar day. A fee is assessed for late tuition (unless arrangements are made with the Director in advance).
- **A per-minute charge will be assessed for each minute outside of regular drop-off / pick-up time.** It is your responsibility to make sure the office is aware of your intended drop-off and pick-up schedules.
- Tuition not received by the end of the month will be considered delinquent. Arrangements for a pay schedule can be made through the Director. Evaluation of the delinquent payee by the preschool staff, Director, and church financial administrator may result in child's immediate dismissal from the school by the Director.
- Monthly base tuition rates for each program remain the same no matter the number of school days in the month. **We do not prorate base tuition amounts for months that contain school holidays. The base tuition amount takes the holidays into account and evenly spreads tuition over ten months.**
- Charges for Early Drop and Late Stay will, however,



change monthly. These are based on the number of school days in the month.

- We follow a traditional school calendar with our first day of school mid to late August. Because tuition is spread over ten months the first full monthly payment is due August 1st. Payment ten is due May 1st.
- Children who start school in September or later do not owe the full ten payments. Tuition for his/her first month of attendance is one full monthly payment plus a pro-rated amount taking into account the time he/she has missed. The formula for the tuition credit is as follows:  $\text{Monthly Base Tuition} \times 10 \times \text{Child's Total School Days Missed} / \text{Child's Total School Days in the Year}$ .
- A \$25 fee will be charged for all returned checks. If the bank returns two of your checks you will have to pay tuition by cash or money order for the rest of the school year.
- A re-enrollment fee of \$25 will be charged if a child is taken out of the program and then re-enrolled. The re-enrollment fee also applies for children who are not registered for the next school year by the last day of the current year.

### **TESTING FOR 4's AND OLDER**

Visual acuity and hearing sensitivity screening are required for children who are at least four years old by September 1st of the current school year. If your child has already been screened (after their fourth birthday), we need a copy of the doctor's report on file otherwise we will complete this testing at Messiah. If you would like your three year old tested, please let us know and we will work them into the schedule. If your child enrolls in our program after we have conducted our testing for the year, you will have to provide the office with vision and hearing screening results. If these results are not in the office within two months of the child's first day of class, the child will not be able to return to school.

## **GENERAL POLICIES**

### **(1) Arrival and Dismissal**

- If your child will not be attending school or will be arriving late, please call the office no later than 9:30am and let us know. Otherwise your child will be marked absent and their spot for the day given to another child or dissolved.
- Your child should not arrive earlier than his/her scheduled time (i.e. 8am or 8:50am for a 9am schedule) unless arranged with the Director and should be picked up promptly at the end of his/her scheduled day. A charge of \$1 for each minute will be assessed for early drop-offs / late pick-ups. Since the school closes at 3pm an additional \$25 per 15 minute increment will be assessed for pick-ups after 3pm. This additional amount is due in cash when picking up your child or the next day before they can be dropped off.
- All children's arrivals and departures must be logged into the Time Clock system on a computer in the lobby. Your child must be with you when you log him/her in and out. If you need help with the system or need an extra PIN, please stop by the office. PINs chosen by parents should only be used by the parents and not anyone else. If additional individuals will be assisting with drop off or pick up they should be assigned their own PIN.
- Upon arrival in the morning, please let the teacher know of any change in your child's medical condition—runny nose due to allergies, non-contagious rash, recent illness, etc. so that we do not have to make unnecessary calls home.
- As per licensing a health check must be conducted of each child upon his/her arrival at school. A health check is a visual assessment of a child by the child's caregiver/teacher to identify potential concerns about a child's health, including signs or symptoms of illness or injury. These potential concerns include but are not limited to: breathing trouble, severe coughing, fever, discharge from nose or eyes, bruising, cuts, sores or rash-

es. The caregiver and parent will discuss and make notes of any changes in the child's sleep, eating/drinking, and mood/behavior at this time. If a child appears to be ill or becomes ill (refer to illness section of handbook) during the course of the school day parents will be notified and the child sent home or sent to be seen by the child's physician. Discussion with the parent on when the child may return to care will occur when the parent arrives.

- When children enter the classroom they are required to wash their hands. Children are also asked to wash their hands frequently throughout the day. Some examples include: before eating, after using the bathroom, after returning from outside and after blowing their noses.
- While quick good-byes at drop off time are ideal, please always make sure the teacher is aware your child has arrived. Teachers are responsible for knowing at all times how many children are in their care. They count heads frequently during the day including (but not limited to): before exiting the room, before entering the playground, when re-entering the building, upon re-entering the classroom. The teachers carry attendance charts with them at all times.
- Children will not be allowed to leave the premises with anyone other than the persons designated on the Enrollment Application unless we have a signed note (or a telephone call in an emergency) from the parent permitting someone else to pick up the child. Persons unfamiliar to staff will be requested to show their government issued picture identification.
- Children must enter and exit with accompanying adults through the main school doors on the North side of the building.
- Do not leave any child unattended in your vehicle. It is against the law. If you have an extenuating circumstance, please call the school office and we will assist you.
- Do not allow your child to play or run in the parking lot. Please keep your child close as you cross the parking lot to enter or exit the building.

## (2) Illness or Injury

- If a child becomes ill at school, he/she will be placed in isolation and will need to be picked up as soon as possible, **but no later than one hour after notification**. If emergency medical care is required, we will call 911 for immediate assistance.
- In non-emergency cases the school will administer first-aid, including the application of antiseptics and cleansing of wounds. All staff are required to take First Aid and CPR classes.
- If your child will not be attending school, please let us know by 9:30am.
- If a child is absent for three or more days, a doctor's note may be required before the child can return to school.
- In order to attend school, your child needs to be well enough to function in group care. Your child will be sent home or will need to stay at home if he/she shows signs of, but is not limited to, the following:
  - Fever at or above 100.0° F.
  - Has thrown-up.
  - Has had three diarrhea bowel movements or has diarrhea that is not able to be contained within a diaper.
  - Shows any signs of a communicable condition / disease (ex. lice, pink eye, chicken pox).
  - Has an undiagnosed rash.
  - Has discharge from the eyes, ears, and/or excessive colored nasal discharge.
- In order to return to school, your child needs to be free of all symptoms for 24 hours without the use of medication (exceptions include antibiotics or conditions for which the child has a note from the doctor stating he / she is not contagious). This is for the child's own protection as well as for the protection of other children.
- Medication will not be given unless it is in the original prescription bottle and the Medical Authorization Form in the office is signed. Medicine must be enclosed in a clear plastic bag. The child's name must be on the

medicine itself and on the outside of the bag. The form also needs to be signed for medications that are kept on hand and only used for emergencies (epinephrine, Benadryl, etc.). For OTC medications your child must be on the recommended dosage chart or a note from a doctor is needed (ex. Benadryl for children under 6yrs old).

### **(3) Withdrawal from the Program**

If you wish to withdraw your child from our program before the end of the year, you need to complete an Exit Survey and return it to the office two weeks in advance of the child's last day. If the last day is less than two weeks from the completion of the form, a full two weeks of tuition is still due. A re-enrollment fee of \$25 will be charged if a child is taken out of the program and then re-enrolled.

### **(4) Snacks and Lunches**

- A mid-morning snack is provided for children in the Toddler through Kindergarten classes. A calendar listing the daily snacks is posted in the school office. If you do not wish your child to have the posted snack, please send an alternate healthy option for him/her.
- When packing your child's lunch, PLEASE DO NOT SEND HARD CANDY, GUM, RED JUICE or SODA.
- The Infant and Toddler rooms are peanut-free environments. Please do not pack any items which contain peanuts or peanut butter if your child is in one of these classes. For children in the 2's classes or older, we request that you label the outside of your child's lunch box if it contains peanut products so that we can arrange the children accordingly at the lunch tables.
- Please label the outside of all bottles and lunch boxes with the name of your child.
- We only heat and/or refrigerate food for children in the Infant classes.
- The staff cannot control the order in which lunch foods are eaten (e.g. sandwich before cookies). Therefore if this is a concern, it is recommended that you send more nutritious foods. If the order of foods given to

your infant is of concern, please label the containers 1, 2, 3, etc.

- The school is not responsible for meeting your child's daily food or nutritional needs with food items sent from home.

### **(5) Clothing**

- Your child should be dressed so that they can comfortably play at school—in the classroom and on the playground.
- We encourage you to put your child in shoes that enable them to participate in active play. Boots and shoes without backs can hinder movement. Open toed shoes make climbing and running difficult and can be a hazard to your child's safety.
- **LABEL ALL SWEATERS, COATS, HATS, AND GLOVES WITH YOUR CHILD'S NAME.**
- Please make sure your child always has a change of clothes with them - this includes not only a shirt and pants, but also, when applicable, underwear, socks and shoes.

### **(6) Potty Training**

We believe that potty training is an important step in the development of all children. At some point during the 2s or older Toddler years, when you believe your child is ready to begin the process, discuss with your child's teacher the methods you will be using at home. The teachers will have suggestions to assist you as well. Your child will have the greatest success when parents and teachers work together toward this common goal.

### **(7) Birthdays**

If you wish to celebrate your child's birthday at school, please notify the teacher. Cookies or a special birthday treat may be sent from home. Teachers will recognize the birthday child at snack time and in chapel. Remember NO peanut butter or peanut products are to be brought in for children in the Toddler and Infant rooms.

### **(8) Outdoor Play**

Children, Toddler classes and older, will go outside at play time when the weather permits. Infants go for walks outside when the weather is nice. If you are concerned about the sun, please apply sun screen to your child prior to school and send a hat. If your child needs insect repellent, please apply this at home as well. For cool weather, please make sure to include a jacket. For days when the weather is inclement, the children will have play time in our indoor gym.

### **(9) Discipline**

Children will learn the rules of the room and group through a positive and firm approach. A full description of discipline procedures is signed by the parents and kept in the office in the child's file. Some highlights include:

- A. Teachers will handle most problems as they arise in the classroom with redirection. When necessary "chill-out" or a calming station and/or individual discussion with the child is used.
- B. When unacceptable behavior that endangers the child or others occurs, the child will be taken to the office and the problem will be handled there. Examples include: hitting, biting, spitting, unnecessary roughness, "bathroom" language, or lewd behavior.
- C. If the behavior continues, the child will wait in the office while a parent is contacted to pick up the child.
- D. Consultation with the Director and/or Pastor will occur if behavior is persistent and detrimental to the child, other children, teachers or staff. Recommendations for discipline will be made and may include suspension and/or expulsion.

### **(10) Calendar**

Yearly and monthly calendars will be given to all parents by the teachers. Important dates will appear in our Newsletter or the monthly church Messenger. You can also access information via our website at [www.messiahlutheran.com/lambs](http://www.messiahlutheran.com/lambs) or on our Facebook page at [www.facebook.com/messiahlambs](http://www.facebook.com/messiahlambs). Parents are also requested to join the Remind service so important news blasts may be sent out and received quickly.

### **(11) Religious Teaching**

We lovingly introduce the teaching that Jesus is our Lord and Savior, that He loves and cares for us and that He died to save us for our sins (based on the theology and teachings of the Lutheran Church Missouri Synod). This is done in three main ways.

- A. Chapel (2's and up): Two days a week Messiah's ministers visit and become acquainted with the children, while leading them in Bible stories and songs. Parents are welcome to come and hear God's word at this time with their children.
- B. Curriculum: Teachers use the Voyages and The Blessing Place religious curriculum throughout the year.
- C. By Example: Children, led by the teachers, say prayers of thanksgiving before snacks and meals. Teachers are asked to pray for their students and families and they show the children the love that Jesus has for us.

### **(12) Conferences**

Parents should feel free to talk to the teachers before or after school or by appointment or to the Director any time they feel there is a concern. Preschool and K-Prep children are screened at the end of each semester by their teacher. In the Spring, the parents or our 3yr and older classes are invited in for a conference.

### **(13) Music**

Besides general singing of songs in the classrooms, a time is set aside each week for the music teacher to teach songs, body rhythms, and rhythm band instruments to our 2s and older classes. Songs are often dramatized as well.

### **(14) STEAM Lab**

Preschool students in the 3 & 4 year old classes will attend the STEAM lab two times per week. STEAM stands for Science, Technology, Engineering, Art and Math. Students will have instruction based on individual exploration and play based learning.



### **(15) Activities**

The curriculum is extended through guest speakers, visits from zoo keepers, dentists, doctors, fire fighters and others. Older children also participate in Fall Festival, Thanksgiving Feast and Field Day.

### **(16) Room Parents**

Teachers would like to have Room Parents to help coordinate holiday parties and other special events in our 3yr and older rooms. If you are willing to help in this capacity, please let your teacher know.

### **(17) Items Brought to School**

Please DO NOT send personal toys with your child. Blankets and stuffed animals (security items) are acceptable but must be labeled with the child's name. NEVER SEND GUNS, SWORDS, KNIVES OR OTHER FIGHTING-TYPE ITEMS.

### **(18) Visiting**

General visits to the classrooms are welcome at any time, but please check in at the office upon arrival.

### **(19) Diaper Bags**

Diaper bags should be labeled with the child's name on the outside of the bag. Everything inside the bag should be labeled with the child's name. In packing the diaper bag, please include the following:

- The number of bottles you think your child needs, plus one extra. Use plastic baby bottles and **put child's name on them - caps are required.**
- Enough disposable diapers for the day.
- Extra change of clothes.

### **(20) Excessive Crying**

If a child should cry for any extended time, the parent will be notified. Sometimes children have a difficult time adjusting at first and parents may wish to initially leave them for shorter periods of time.

**(21) Parental Involvement**

We welcome parental involvement in our program. If you are interested in helping, please contact your child's teacher or the office staff.

**(22) Toys**

We do our best to ensure that no unsafe children's products are in use or accessible to children in the child-care center. Products that are deemed unsafe are removed from our classrooms immediately. You can see the government's compete list by going to [www.cpsc.gov](http://www.cpsc.gov).

**(23) Gang-free Zone**

Under Texas Penal Code, any area within 1000 feet of a child-care center is a gang-free zone where criminal offenses related to an organized criminal activity are subject to harsher penalty.

**(24) Policy Changes**

Parents will be informed of policy changes by a note sent home two weeks before the change takes effect.

**(25) Breastfeeding Accommodations**

If you should need to breastfeed your child while in our building, please let the office know and we will find you an appropriate location. You have the right to breastfeed or provide breast milk for your child while they are in care.

**(26) Concerns**

If you have any questions or concerns regarding the policies and procedures of our center, feel free to discuss them with your child's teacher or with the office staff. If you still have further questions, please request a meeting with the Director.

## **THE PURPOSE OF OUR PROGRAM**

### **OUR GOAL IS THAT EACH CHILD WILL:**

1. Understand that God loves them and is with him/her in every situation of life.
2. Come to understand that God speaks to them through the Bible, especially telling of Jesus Christ as Savior of the world.
3. Grow in understandings, attitudes, and skills appropriate for their particular age.
4. Experience the loving care of adults whose own lives exemplify commitment to the Christian community.
5. Develop an ability to communicate effectively with teachers and classmates, to hear and imitate sounds used to form words, and to understand and follow simple instructions.
6. Learn more about self and others through informal role play.
7. Have opportunities for using art and craft materials and develop an increasing appreciation of form, color, and texture.

**PLAY:** Play is a key role in the way children develop identity, self-confidence, workable interpersonal relations, creative coping, problem solving skills, large and small muscle dexterity, cognitive and perceptual skills, intellectual interests and ideas, resourcefulness, prolonged attention span, language, understanding of reality versus fantasy, and the capability of working through developmental or situational crises in their lives. Therefore, with few exceptions during each day, children should be encouraged to play when and as they like. Creativity is encouraged in all activities.

### **THE STAFF**

Messiah's Early Childhood program is under the auspices of the Board of Directors of Messiah Lutheran Lambs Early Childhood, Inc. Qualified teachers are carefully selected on the basis of education, experience, understanding, and the love of children.

The Lambs' staff includes both full and part time workers. We have staff members with Masters degrees, Bachelors degrees, and Child Development certification. All staff members are trained in First Aid and CPR. Employees of Messiah Lambs are not required to have extra immunizations as per the Collin County health department, however, employees who become ill while working will be sent home and will not be allowed to return to work until they are free from all contagions. Employees receive a minimum of 24 hours in child development classes each school year. Background checks on all personnel follow the Texas State Licensing standards. Our staff is dedicated to providing a great experience for the children in their care.

# **Messiah Lutheran Lambs Pandemic Policy and Plan (rev 7-29-2020)**

**Everything in this section supersedes regular policy.**

This pandemic plan is based on the childcare guidelines of the Center for Disease Control, Governor Abbot's Minimum Standard Health Protocols for the reopening of Texas Childcare revised on July 2, 2020, and guidance from the Department of Health and Human Services (DHHS).

As we reopen Messiah Lutheran Lambs, strategies have been put into place to keep our students and staff safe. This plan may be adjusted at any time as the knowledge of COVID-19 grows, as state and federal requirements change, or as our experience deems change is necessary. Families will receive updates to this plan by a Remind message and email. The most up to date copy will always be posted on our web-site.

Because of the easy manner of transmission within a community, the sustainability of our program relies on staff and families making wise decisions about limiting risks, including those that rely on decisions made outside the center. Please stay informed about all recommendations and requirements for the areas in which you live and work.

Families and staff must be aware of the facts regarding COVID-19 transmission, and be willing to comply with infection control measures in our setting. These measures are based on the following three strategies:

- Limiting person-to-person contact
- Limiting possible contamination brought into the center
- Effectively handling contamination throughout the day

Young children are not able to follow the same strategies as adults or even older children. Therefore, these infection control measures may differ from those that are suitable for other settings. Many of these measures are amplified measures we already do to reduce transmission of contagious disease. Other measures, like physical distancing, are done in such a way as to keep our normal loving, friendly, learning environment that supports relationships between children and staff.

Our staff is committed to working together to follow these guidelines throughout the day. We know that teamwork and commitment -- which includes parents -- is key to protecting our community during this time.

## ILLNESS

1. Any employee or child who has any of the following new or worsening signs or symptoms of possible COVID-19 will be sent home or not admitted for the day:

- cough
- sore throat
- shortness of breath or difficulty breathing
- loss of taste or smell
- diarrhea
- chills
- feeling feverish or measured temperature greater than or equal to 100 degrees F
- repeated shaking
- muscle pain
- known close contact with a person who is lab-confirmed to have COVID-19
- headache

Employees and children may not return to the center until all of the following criteria are met:

- 72 hours have passed since recovery (without the use of fever-reducing or any other medications)
- The individual has improvement in respiratory symptoms
- And at least 10 days have passed since symptoms appeared.

Employees and children may return to the center without completing the isolation period if they obtain a medical professional's note clearing the individual for their return based on an alternative diagnosis.

2. Children may NOT be sent to school with fever-reducing medications in their system.

3. Staff and children who become sick or show any of the symptoms listed above during the day will be sent home as soon as possible. Children will be isolated until they are picked up.

4. For families with multiple children, both children will be excluded from care if one of the children does not meet admittance criteria for health. This also means that if one child is sent home, the sibling is sent home as well.

5. If staff members or students know they have had exposure to someone with a lab-confirmed case of COVID-19, someone experiencing symptoms of COVID-19, or someone under investigation for COVID-19, they should self-isolate and monitor their health for the above symptoms during the 10 days after the last day they were in close contact with the individual with COVID-19. The school should be contacted immediately.

6. Student and staff members will have their temperatures taken randomly throughout the school day.

### **ACTION PLAN FOR CONFIRMED CASES IN THE SCHOOL COMMUNITY**

1. If a child or staff person is confirmed positive and has been present in the school, we will immediately contact the health department and follow their instructions. In most cases, they will instruct us to close the school temporarily until they have completed an investigation and we have completed thorough disinfection. We will notify parents of immediate closure first through the Remind app and then begin calling families until we have confirmed that all families have received the message.

2. Following our licensing regulations, confirmed cases of children and staff members will be reported to the health department and child care licensing.

3. Staff and children who are identified as possible contacts with the person under investigation for COVID-19 will be notified of possible exposure.

4. If a staff member, child, or family member is under investigation or tests positive for COVID-19, we ask that the staff person or family of the child cooperate with requests of the school and health department. Timeliness may impact the length of our closure.

5. All reopening of the school after shutting down due to confirmed COVID-19 cases will follow the guidance and recommendation of the County Health Department and Child Care Licensing.

### **DROP OFF and PICK UP**

1. Before arriving at school both parent and child should wash their hands thoroughly.

2. Upon arrival at school in the morning, parents will park their car (every other space will be blocked off) and assist their child in exiting the car. Please stand with your child on the driver's side of the car and wait for a staff member to screen your child. In the event of rain, please remain in your car. Children will have their temperatures taken and parents will be asked a series of screening questions. After the screening, children will be taken to their classrooms by a staff member. Parents are not allowed to leave the premises until the child has been screened and must agree to take their child home if they are exhibiting symptoms of illness.

3. A staff member will sign children in and out each day.

4. All adults should wear a mask. If you have forgotten to wear a mask, you will be asked to step aside during the screening to give distance to

the staff member screening your child.

5. If at all possible, drop off and pick up of children should only be done by adults already in regular contact with your child. This will limit the number of people our screener is exposed to. Please limit the number of adults who exit the car to one. Families should remain at least 6 feet away from other people at all times.

6. We limit the number of staff in the screening area to reduce the overall contact between people.

7. At this time parents may not enter the building except for emergencies. Any written notes for your child's teacher along with tuition and other paperwork may be dropped off with the screening staff.

8. All staff, children, and necessary guests are screened and temperatures recorded before entering the building following DHHS standards.

9. If your child can stand on their own, please stand away from the screener while temperatures are taken.

10. We will apply hand sanitizer to your child's hands before they enter the building. Children under the age of 2 will use wipes.

11. Children who cannot walk will be transported to classrooms in strollers. Stroller seats will be sanitized before use by another child. Children are escorted to and from classrooms by staff who work in their bubble-infants, toddlers, twos and preschool.

12. For infant classrooms, daily sheets will be sent home in advance. Please have these sheets filled out before arriving to avoid hold-ups in the line. If you need additional forms you may find them on our website.

13. Since administrators will be occupied from 8-9:15 am, 12 pm and 2-3 pm during general drop off and pick up hours, please expect that you will need to leave a message if you call by phone.

14. Please understand that we are making every effort to do this quickly so everyone can get to work on time. Please allow yourself ample time for the drop-off and pickup process and remain patient.

15. At pickup time, we will bring children to the parking lot for you. Please remain socially distanced until we are ready to dismiss. Please do not take your child without confirmation from the staff member that you are doing so. Children should be placed in cars immediately and no lingering on school property should take place. We take great effort during the school day to reduce contact between groups of children and want those efforts to continue throughout the pickup process.

16. If you need to pick your child up early you will need to call the Lambs office and let them know what time you will arrive so that we will have your child ready when you arrive.



## PERSONAL PROTECTIVE EQUIPMENT

1. To reduce respiratory contact between children and adults, anyone over the age of 10 years old must wear a mask in the school area of the building. Children over the age of 2 years old may wear a mask if their parents desire. Masks may be taken off for outdoor play, during nap time (for 2's) and to eat or drink.
2. Adults who drop off children must wear a mask to protect the families and staff in the area and to limit the possible virus spread at the screening station.
3. If you send a mask to school for your child please note the following: Children who drool should be sent to school with multiple masks, and all masks need to be washed daily at home. All masks should be labeled with the child's name.
4. When masks are not worn, they are carefully folded and stored to prevent cross-contamination or hung in the classroom from a line where they are not able to touch any other mask.
5. School staff will wear masks and possibly shields, except when eating or while supervising outdoor play. School staff will keep masks ready for use if they must come in contact with children during outdoor play.
6. Staff will switch out of street clothing into different clothing upon arrival at school.
7. Staff, when working directly with children, will wear large button-up shirts or smocks that are changed throughout the day as their clothing is contaminated by secretions or excretions. Infant and toddler teachers switch protective clothing a minimum of twice a day.
8. When bottle-feeding babies, teachers lay a receiving blanket across their chest as a barrier.
9. All staff wear hair off their shoulders and limit their use of jewelry, so that disease cannot be transmitted this way.
10. Teachers are responsive to children's questions regarding protective equipment using simple, developmentally appropriate language.

## PERSONAL BELONGINGS

1. Children and staff should limit personal belongings brought into the school to only what is necessary.
2. During the pandemic period, we will **not** do a weekly “show and tell time”. Please do not bring toys or stuffed animals.
3. Each child needs 2 pairs of clothes sent in large labeled gallon Ziploc bags – one for each set. The bags will be sanitized before being stored in the classroom or cubbies.
4. Please do not send bags or backpacks, other than lunch bags meant for bottles and food.
5. For children who use pacifiers, please send them in a small labeled Ziploc bag for use at school.
6. Infant carriers and strollers will not be taken into the building at this time. They will be allowed back into the building when parents are allowed back in.
7. Children who nap may bring nap mats or blankets. These items will remain at school throughout the week and sent home on the last day of attendance each week to be laundered. If a “lovie” is sent to school for comfort please note that it must remain at school for the duration of the week along with the mats and blankets.

## FOOD

1. **Snacks are no longer provided by the school.** Please send a snack with your child daily. Please label the snack with your child’s name.
2. Foods from home, including bottles, should be sent in a lunch bag. Make sure all bags are labeled with the child’s name on the outside in an obvious location
3. Teachers will wash their hands before and after handling infant bottles.
4. Teachers will wash their hands and wear gloves before assisting children with their food.
5. Teachers and children will wash their hands before eating.
6. Birthday treats may be provided as long as they are store-bought and sealed.

## **PHYSICAL DISTANCING STRATEGIES**

1. Children will remain with the same group all day as much as possible. Contact with children is limited as much as possible to staff in their classroom bubble and the daily screener.
2. Regular employee absences and breaks are covered first by the regular classroom staff, next by teachers within the same bubble (such as infants, toddlers, twos, and preschool) and finally by another staff member.
3. The hallways and playgrounds are the only areas multiple groups will use each day. These will only be used by one group at a time.
4. To balance class size, we may combine classrooms to begin the school year and separate them later when COVID related circumstances change.
5. Teachers are encouraged to avoid children standing in line as much as possible. This is normally a good teaching strategy as children have difficulty waiting and transitioning between activities.
6. While enrollment numbers are low, there will be adaptations to the number of children in learning centers. Children will be spaced as far as possible at tables for distance.
7. Nap cots and cribs in the PDO classrooms will be placed 6 feet apart if possible. If cots and cribs cannot be distanced 6 feet, children will sleep head to toe with space to walk in between.
8. If possible, infants will be carried with backs to the caregiver's chest to avoid face to face contact.
9. Children will continue to be loved and comforted. Teachers will progress through the following stages of comfort depending on the child's need or situation: eye contact and warm soothing voice, light touch to the arm, side hug or sitting on lap child's back to teacher's front, and holding them
10. Staff will break physical distancing to care for hurt or sick children.
11. Staff will use physical distancing while accomplishing tasks outside of their classrooms, in or out of the building, including breaks.

## **DIAPERING AND TOILETING**

1. When diapering children or assisting with toileting, teachers will wash the child's hands and their own hands before putting on gloves. They will follow all other regular safe diaper changing procedures as outlined by the CDC and child care licensing. These procedures are posted near changing tables and stations in all PDO classrooms.
2. Per our normal procedures, soiled clothing will not be washed or rinsed on-site. It will be sent home in a sealed bag.

## **ENHANCED CLEANING AND DISINFECTING MEASURES**

1. All classrooms and school areas have daily sanitization schedules. High contact items are cleaned and sanitized or disinfected frequently throughout the day.
2. Other areas and equipment will be cleaned a minimum of twice a day.
3. Cleaning products are EPA registered and used carefully so they do not come in contact with children. All products are used according to directions on the label.
4. Bathrooms are cleaned and disinfected 2 times a day.
5. The building is also cleaned and disinfected nightly by a professional cleaning company.
6. Some classroom materials are rotated in and out of classrooms to assist with effective reasonable sanitization that does not interfere with classroom learning. Books and supplies are not used by any other group for at least 36 hours.

## **HAND HYGIENE**

1. All children and staff will wash hands at the following times: after arriving at the facility, before and after preparing food or drinks, before and after eating or handling food and feeding children, before and after administering medication or medical ointment, before and after diapering, after outdoor activities, after using the toilet or helping a child use the bathroom, after coming in contact with bodily fluid, after handling garbage, and anytime hands are dirty or if it has been longer than an hour since their hands were washed.
2. Staff will wash hands these additional times: after assisting children with handwashing, after handling or cleaning bodily fluids – such as wiping noses, mouths, or bottoms, and tending sores, after removing gloves.
3. Every hour children and staff are asked to wash hands in addition to the above times.
4. Children and staff will wash hands for 20 seconds. Children will be supervised.
5. Handwashing posters with proper protocols are posted by every hand washing sink.

## **TUITION**

If Messiah Lambs is temporarily closed tuition is still due. Extra charges such as early drop and late stay will be removed from your account for the days of closure. During a temporary closure students will receive distant learning opportunities from their teacher.

This plan is not complete without a final word about your child's experience. While safety is our highest priority during this public health crisis, we are also committed to a joyous learning environment for your child. Children will continue to play, laugh, explore, and create as a testament to our human resilience. Our entire team is grateful for the trust and support you have given our school during this time.

## **ALLERGY POLICY**

We do the following to make sure children with allergies stay safe here at school:

- Our Toddler and Infant rooms are peanut free environments.
- Posted in every room is a list of children with allergies and their corresponding allergens. Please make sure you keep this information up to date in your child's file.
- For all diagnosed allergies, we require parents/physicians to fill out an allergy action plan that is kept in the child's file plus in classroom and food preparation areas and used in case of accidental exposure.
- In the office parents may sign our Medication Authorization Form and then be able to keep medication at school in case of a reaction.
- Emergency medication travels with the children as they move from room to room and in and out of the building during the day.
- Teachers do their best to seat children with allergies away from those eating allergen containing foods during snack and lunch times.
- Tables are cleaned and sanitized thoroughly after snack, lunch, and general table use.
- Children are not allowed to share food.
- Whenever possible, teachers use materials that are safe for the entire class for projects and lessons.
- Parents may chose to send alternative, safe food to school for times when treats arrive that contain allergens.
- Parents are encouraged to work in a partnership with their child's teacher to meet the specific needs of each child.
- Regular hand washing is a part of the daily schedule.

## **CHILD ABUSE AND NEGLECT**

We take the issue of Child Abuse and Neglect seriously as does the state of Texas. As a staff we are required to take a minimum of one hour of training credit every year on this topic. We would love to educate others as well, so this training is open to our parents. There are also some good on-line training options. Please contact the office if you are interested in learning more.

Anyone (parents, staff members, etc.) who suspects a child has been abused or neglected is required by law to report it. This report must be made within 48 hours of the suspected occurrence.

**What is Abuse?** Abuse is mental, emotional, physical, or sexual injury to a child or failure to prevent such injury to a child.

**What is Neglect?** Neglect includes (1) failure to provide a child with food, clothing, shelter and/or medical care; and /or (2) leaving a child in a situation where the child is at risk of harm.

### **How do I make a report?**

By Phone: Call the Abuse Hotline at 1-800-252-5400

By Internet: Go to <https://www.txabusehotline.org>

**Will the person know I've reported him or her?** Your report is confidential and is not subject to public release under the Open Records Act. The law provides for immunity from civil or criminal liability for innocent persons who report even unfounded suspicions, as long as your report is made in good faith. *Your identity is kept confidential.*

## **INFANT SAFE SLEEP POLICY**

In compliance with Licensing and in order to reduce the risk of Sudden Infant Death Syndrome/Sudden Unexpected Infant Death syndrome, the staff, substitute staff, and volunteers of Messiah Lambs will follow these recommendations of the American Academy of Pediatrics (AAP) and the Consumer Product Safety Commission (CPSC):

- Infants will be put to sleep on their backs unless an Infant Sleep Exception form signed by the child's doctor is on file stating otherwise.
- Infants will be placed on firm mattress, with tight fitting sheet, in a crib that meets the CPSC federal requirements.
- Infants younger than 12 months of age will be placed in a bare crib with a tight fitting sheet. Blankets, quilts, pillows, stuffed toys, soft objects, bumper pads or sleep positioning devices ARE NOT allowed in the cribs. Also, infants must not have their heads, faces, or cribs covered at any time.
- Sleep areas will be ventilated and kept at a temperature that is comfortable for a lightly clothed adult.
- If an infant needs extra warmth, the following may be sent from home: sleepers or footed pajamas and approved sleep sacks. These will be used as an alternative to blankets.
- Only one infant will be placed in a crib.
- Infants will not be swaddled for sleep or rest unless an Infant Sleep Exception Form is on file stating otherwise.
- Infants may use a pacifier during sleep, however the pacifier must NOT be attached to a stuffed animal or the infant's clothing by a string, cord, or other attaching mechanism that could be a suffocation or strangulation risk.



- If the infant falls asleep in a restrictive device other than a crib (such as a bouncy chair or swing) or arrives to care asleep in a car seat, the child will be moved to a crib immediately, unless an Infant Sleep Exemption Form is on file stating otherwise.
- Messiah Lambs is a smoke-free environment. Smoking is not allowed in Texas child care operations (this includes e-cigarettes and any type of vaporizers).
- Sleeping infants will be actively observed by sight and sound.
- If an infant is able to roll back and forth from front to back, the child will be placed in the crib on his/her back for sleep and allowed to assume a preferred sleep position on his/her own.
- Awake infants will have supervised “tummy time” several times a day.
- All parents of infants need to sign a Safe Sleep Policy form before enrollment is considered complete.

Infant Sleep Exception forms are available in the Lambs office or can be found on the dfps website at:  
[https://www.dfps.state.tx.us/Child\\_Care/Information\\_for\\_Providers/cclforms.asp](https://www.dfps.state.tx.us/Child_Care/Information_for_Providers/cclforms.asp)

## **EMERGENCY PREPAREDNESS PLAN**

### **Natural and Human-Caused Events**

Personnel need to make sure their room and any room in which they take children has an Emergency Relocation and Evacuation Diagram. This diagram should be posted in a prominent place near one of the entrances / exits. Personnel should inform themselves ahead of time of the safe areas / escape routes for every room in which they take children. In the event of any relocation / evacuation, teachers are required to carry with them: roster of children who are in attendance, flashlight, and contact information (including names, telephone numbers, and addresses) of parents of the children in attendance. As the relocation / evacuation is taking place, children should be counted often to make sure the group is all together. Once the safe area is reached, the teachers are responsible for making sure that all children in attendance are in the designated area and that they have calm and quiet activities for the children (these activities will continue until each child has been released). The office personnel are responsible for bringing from the office: the Medical Release Book, a cell phone, and a flashlight. After gathering these items, the office personnel will assist teachers as they move children into safe areas. After everyone has reached the safe area it is the responsibility of the office staff to call the local authorities and licensing agency. Any extra staff members present in the building should immediately assist in the evacuation of children, especially children with limited mobility including infants, toddlers and any other children with compromised mobility or who otherwise need assistance. Evacuation of children 24 months or younger or children with limited mobility or who otherwise need assistance may include being carried out by staff members, or placed in strollers or evacuation cribs.

Fire: When the fire alarm sounds, the teachers' first responsibility is to calmly gather the children and proceed

outdoors to the pre-planned area. Within every classroom, the door(s) to the bathroom should always be left open and the door(s) to the hallway should be closed. In the event of an actual fire, teachers will proceed from the pre-planned area to Messiah's most western building (Gym / Chapel). The address of this building is 1805 West Plano Parkway, Plano, TX 75075. Once the alternate shelter is reached, the teachers are responsible for calling the parents of the children in their care. They will inform parents where and when they can retrieve their children. Teachers will only release children to their parents or a person designated by the parents. Fire drills will be performed once a month.

Tornado / Disaster: In this case, when the whistle sounds, the teachers' first responsibility is to calmly gather the children and proceed to the pre-planned safe area. All classroom doors to the hallways should be closed. In the event of an actual disaster, once the danger has passed, the teachers are responsible for calling the parents of the children in their care. They will inform parents where and when they can retrieve their children. Teachers will only release children to their parents or a person designated by the parents. Tornado / Disaster drills need to be practiced four times per year.

Lock-Down: Personnel will be notified of a lock-down situation by either an announcement over the building's speaker system or a quick run through of the building by the director or staff member in charge. During a lock-down the teachers' first responsibility is to calmly gather the children and proceed to the pre-planned safe area. All classroom doors to the hallways and bathrooms should be closed. All lights should be turned off and children should be kept as quiet as possible. Personnel will be notified that the lock-down is over by the director or staff member in charge. If the lock-down has extended past the end of the school day, teachers will inform parents where and when they can retrieve their children. Teachers will only release children to their parents or a person designated by the parents. Lock-Down situations are practiced as well.

In the case of a larger event which requires evacuation of a distance of over 100 yards, we will evacuate the children in the most expedient manner to The Hope Center located at 2001 West Plano Parkway, Plano, TX 75075 (972-212-9191).

In the case of a catastrophic event which requires evacuation of a distance of more than a half mile radius, we will evacuate the children in the most expedient manner to either: Faith Lutheran (to the East) located at 1701 East Park Blvd, Plano, TX 75074 (972-423-7448) or Prince of Peace (to the West) located at 4000 Midway Road, Carrollton, TX 75007 (972-447-9887) unless otherwise directed by the City of Plano Emergency Management officials. Our destination will be posted on the doors of Messiah Lutheran Church and Lambs and a message will be sent out via the Remind messaging service.

### **MEDICAL EMERGENCIES**

Injury: In the event that a student is injured at school, it is the responsibility of the teacher to determine severity of the injury. If the injury is not severe, teachers should provide basic first aid (cleaning wounds, band-aids, etc.). If the injury is severe the teacher should call 911 and inform the director. While waiting for emergency personnel to arrive: the parents' (or emergency contact) should be notified, the child's immediate medical needs should be met, he/she should be kept comfortable, and the child's medical release form should be brought to him/her.

Illness: If a child becomes ill at school, the child should be put in isolation and the parents should be notified. If the illness is severe, 911 should be contacted. If it is reported to the school that a child who had been in care has a communicable disease, a note will be posted outside of the child's classroom to inform the parents of other students what symptoms to watch for. If the number of students affected continues to grow, notes will be posted in the front lobby informing all school parents.

# Lambs Building Evacuation Map

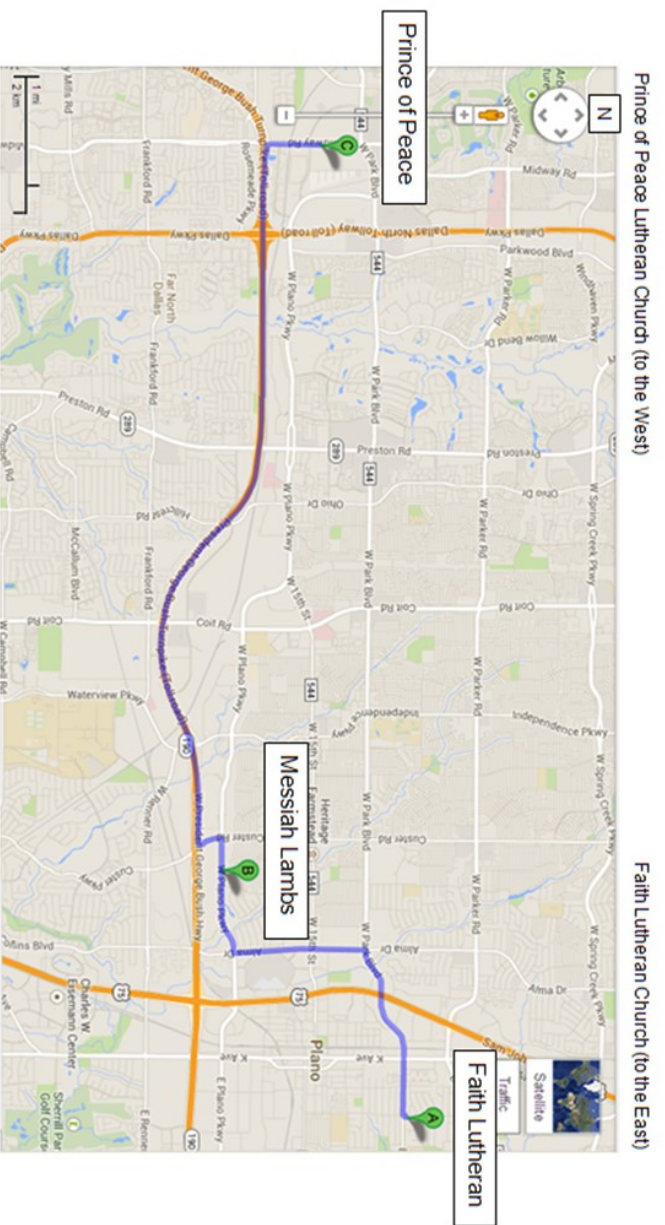


**The Hope Center**  
2001 West Plano Parkway  
Plano, TX 75075  
972-212-9191

**Messiah Gym / Chapel**  
1805 West Plano Parkway  
Plano, TX 75075  
972-398-7536

**Messiah Lambs**  
1801 West Plano Parkway  
Plano, TX 75075  
972-398-7560

# Catastrophic Evacuation Map



Prince of Peace Lutheran Church  
4000 Midway Road  
Carrollton, TX 75007  
972-447-9887

Faith Lutheran Church  
1701 EastPark Blvd  
Plano, TX 75074  
972-423-7448



Jesus said, ***“PERMIT THE LITTLE CHILDREN TO COME UNTO ME: DO NOT HINDER THEM, FOR THE KINGDOM OF GOD BELONGS TO SUCH AS THESE”*** - Mark 10:14

In bringing your children to Messiah’s Early Childhood program you are indeed bringing them to the Lord Himself. Through love and care and capable teaching, we hope all God’s children who come through our doors will grow to know how special each of us is to our God and Lord.

If at any time you have a concern or problem, know that you can come to either our ECD Director or the Ministerial Staff.

Some of the most beautiful words in the world are words that your children will hear every week; words that should be special to us all:

***“Jesus loves the little children  
All the children of the world...  
All are precious in His sight.”***

This we believe! This we will teach.

## ***I AM JESUS' LITTLE LAMB***

I am Jesus' little lamb,  
Ever glad at heart I am;  
For my Shepherd gently guides me,  
Knows my need and well provides me,  
Loves me every day the same,  
Even calls me by my name.

Day by day, at home, away,  
Jesus be my staff and stay.  
When I hunger, Jesus feeds me,  
Into pleasant pastures leads me;  
When I thirst, He bids me go  
Where the quiet waters flow.

Who so happy as I am,  
Even now the Shepherd's lamb?  
And when my short life is ended,  
By His angel host attended,  
He shall fold me to His breast,  
There within His arms to rest.